

start over Fifty

to discover a new creative you



Over 50 and fancy trying something creative? Just call Danny Morrell on 0161 351 6000 for details of a session near you. You don't need any previous artistic experience!

Start over Fifty is a friendly and supportive community project offering a creative start for people over fifty. We use easily accessible community venues all over Salford and our tutors will encourage you every step of the way.

If you live in Salford and would like to meet new people and learn creative skills, why not give it a go? You can get involved in a variety of creative activities such as drawing, painting, digital photography, creative writing and, to keep active, Tai Chi, Belly dancing and more...

“EVERYONE IS THE SAME AS YOU. THEY’RE ALL BRILLIANT AND THEY’RE IN THE SAME BOAT – I THOROUGHLY ENJOY IT, IT’S DONE ME A LOT OF GOOD”

Start over Fifty

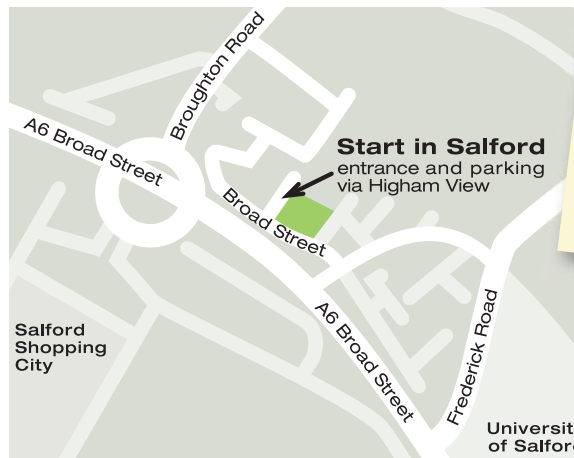
We run our sessions for a year in each new venue – come along to a **free** taster session and if you like it, stay on. A new block of sessions begins every three months. Sessions are once a week, for two hours, and a small weekly fee gets you all the materials and equipment you need. Professional artists and tutors will encourage and support you whether you have years of experience or none at all. New starters are always welcome.

After you have enjoyed your year of sessions with us you can join one of our constituted groups, or start a new group, becoming part of our Network all across Salford. These are led by members, not tutors and we keep in touch. Groups also meet up to share their experiences at a quarterly steering group. We have regular exhibitions and events that showcase the work of all our groups.

For more information ring **Danny Morrell** on **0161 355 6000** or email danny.morrell@startinsalford.org.uk

start in salford

creative arts and wellbeing centre



If you, or someone you know, would like to join Start in Salford ring us for more information or visit our website at: startinsalford.org.uk



For more information about anything in this leaflet, please contact:

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Visit our website: www.startinsalford.org.uk

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