

Session Delivery and Attendance Report

Period covered: July-September 2006

Project	Core Arts Training Sessions	Time Out Art on Prescription	Youth Arts Inclusion	Creative Start Older Peoples Services	Income Generation/ work-based training	Period Totals
Accredited sessions delivered	69			Delivery to begin Jan 07		69
Non-accredited sessions delivered	241	63	30		10	344
Average no of clients per session	4-5	3	9		2	
Clients on project @ 1/7/06	201	13	47		N/A. part of Core Project	261
New referrals	39	8	36			83
Leavers	27	3	49			79
Clients on Project @ 30/9/06	213	18	34			265
Total clients year to date	276	21	117			414

Additional Comments

Core Arts Training leavers include – six who have been long term very unwell, five have not been engaging despite several attempts to keep them on board, 13 were referred but never came on an initial visit despite several appointments, one moved out of the area and one into supported accommodation and lost interest in coming.



start Monitoring and Evaluation Report

Quarter 2 July-September 2006

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Start opens its doors to friends and the local community

Visual Arts played an important part in Start's Open Day celebrations on July 14 2006. OCNW Level 1 Visual Art group's exhibition of their accredited work in the *People's Gallery* provided an a wonderful backdrop to Hazel Blears inspiring and supportive opening speech. Massive banners produced by members in the Rolling Programme provided a vibrant and colourful feature at the entrance and creative workshops for visitors were a huge success. *Fusion*, the independently constituted group, working on sales/commissions, took photographs throughout the event providing fantastic memories of a great day!!

Start members celebrated the summer holidays with

a *Trips Week* in August. Each day bus loads left Salford to enjoy a range of cultural venues; a public sculpture trail in Chester, Bradford Museum of Film and Television, Buxton Potteries, Saltmill Art Gallery and Museum specifically to view the work of David Hockney, and Yorkshire Sculpture Park. The trips proved to be a great inspiration and a welcome break for members!

During the same week the Start Arts Complex hosted Youth Arts Sessions for fifteen local young people. Start employed four artists to work with the young people as they researched, designed and created five short animated films culminating in a DVD of their work.

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Start in Salford promotes emotional well-being and recovery by providing creative arts-based activities and training opportunities for people who are, or maybe at risk of experiencing mental health difficulties.

Our vision is to create a centre of excellence enabling individuals to develop their aspirations, confidence, self esteem and creative skills.

Using the arts, renowned for their therapeutic benefits, Start helps to remove the stigma around mental ill health by fostering a common interest amongst individuals from all walks of life.

Contact Start

To find out more about Start in Salford arts project ring 0161 351 6000, email info@startinsalford.org or visit our website at www.startinsalford.org Start in Salford, Brunswick House, 62 Broad Street, Salford M6 5BZ

...News update



Laughter workshop

Start was involved in the first *Salford Young Persons Carnival* in partnership with NDC, Young Volunteers and Groundwork. Held in the grounds of Salford Sports Village, the event attracted over 250 young people. Start also commenced delivery of Youth Arts Sessions for 13-16 year-olds with mental health issues across Salford, referred by other agencies as a means of promoting and maintaining wellbeing.

The international magazine *Ceramic Review* featured an article by Start's Sessional Artist, Rachel Hollins. She wrote about her life after graduating from University and her role at Start.

A group of Occupational Therapy students from Salford University have completed a taster in ceramics and will write a research file for an assignment set about this.

Qualifications gained

- Starts first group of Members doing the OCNW Entry Level Visual Arts completed their course and await accreditation with bated breath!
- Catrin Jones – Start's Ceramic Artist completed training courses in 'Raku' and 'paper clay' which she will now deliver as a rolling programme early next year.
- Start's Youth Arts Inclusion Artist, Jen Ernstone, completed Foundation Child Protection training.

Leaver destinations

- One woodwork member has started a City and Guilds course in Joinery at Salford College whilst still committing to give up time as a volunteer at Start.
- One woodwork member has indicated that he is interested in starting a computer course.
- Three members have completed the Time Out – Art On Prescription programme (AOP) – one has returned to full time employment, one has enrolled on full time pre-foundation art and design course and one has started a work placement with the Time Out project in the hope of returning to paid employment in the future.
- One ceramics member has left to start up her own business
- Youth Arts Inclusion – one young person moved on to Fairbridge the support centre for inner city youth and one to Pendleton College on a sports trainer course.

Whilst Start's Core Arts Training is a recovery service for people with serious mental illness, Start has also developed a range of complimentary services. These focus on prevention and early intervention with 'Youth Arts Inclusion' and 'Time Out' Arts on Prescription Service, and the maintenance of mental and physical well-being for older people with the 'Creative Start 50+' programme.

Equally important, the development of supported self help and user led groups offers a seamless progression beyond Start in Salford's services.

Pathways progression

Art On Prescription:

A resource box has been created providing information about pathway options. Towards the end of the AOP programme each member meets with the Time Out team and determine their individual pathway.

Education Pathways

Visual Arts One member gained a place on OCNW level 2 course in Visual Art at Salford College. One member gained a place on a BTEC National Diploma Course in Fine Art at Salford College.

Photography Five members are working on Digital Photography OCNW level 1 accreditation, and seven members are working on Traditional Photography OCNW level 1 accreditation

Woodwork Five members are continuing with OCNW Level 1, and four members completed Entry/core skills.

Ceramics Five members are due to complete level 1 OCNW

AOP Information and advice about college/university courses is available and members are encouraged to researching suitable courses on the internet.

Fusion Two members attended a 'Presentation Skills Workshop'

Volunteer Pathways

Visual Arts – One member has left digital photography to become a volunteer in Visual Arts.

Woodwork Four members working as income generation volunteers.

Ceramics one external volunteer has taken on the role of production manager for income generation, joined by another external volunteer both have been extremely busy making products for the xmas market.

AOP A three month taster in volunteering is offered with Time Out. After this members can consider volunteering within the core Start programme or external organisations.

Work Options Pathways

Photography One member has started producing digital art products for the Christmas Market

Woodwork Income generation/work training sessions began with two members worked on two commissions and four members working on products for the Manchester Christmas Market

Ceramics has linked up with two photography members who have produced images to be printed onto pottery product. This work will be piloted at the Christmas market.

AOP Links have been made with local job centres. Meetings are set up to aid members in accessing all relevant information for their particular situation

Self Employment Pathway

AOP Members interested in self employment are given information regarding this option.

Leisure Pathway

Development of art skills for personal enjoyment and maintenance of health & well being, setting up of user led group, links into other community art groups.



Start in Salford has designed extended service pathways that will provide for the aspirations of our diverse membership. The range of services includes; education, training and work based options, as well as volunteering and leisure pursuits.

Members accessing Start's pathways are also given support and advice about issues such as career options, benefits, employment and welfare rights, to assist them to make informed choices about their future.