

# Session Delivery and Attendance Report

Period covered: October-December 2006

Project	Core Arts Training Sessions	Time Out Art on Prescription	Youth Arts Inclusion	Creative Start Older Peoples Services	Income Generation/work-based training	Period Totals
Accredited sessions delivered	57			Delivery to begin Jan 07		57
Non-accredited sessions delivered	216	41	25		7	286
Average no of clients per session	4-5	3-4	4		3-4	
Clients on project @ 01/10/06	213	18	34		N/A. part of Core Project	265
New referrals	36	24	10			70
Leavers	28		30			58
Clients on Project @ 31/12/06	221	42	14			277
Total clients year to date	312	42	127			471

## Additional Comments

Leaver destinations: Youth Arts Inclusion projects are mostly time limited (4 to 12 weeks). Core Arts Training 8 did not engage/withdrew; 10 didn't show up despite several visit bookings/phone calls; 7 became unwell long term; 1 other commitments (f/t carer); 1 moved (within Salford) happy & settled; 1 moved out of Salford.



# start Monitoring and Evaluation Report

Quarter 3 October-December 2006

## News update



Start launches its income generation project 'Start Creative'

Start Creative rented a stall at Manchester's Christmas European Market. The range of high quality products were a real hit with shoppers on the first weekend of the Market. A dedicated team of members and staff led by Ben Thomas (Woodwork Co-ordinator) created the items for sale, designed a vibrant logo and produced eye catching marketing materials. The Market was a huge success, providing the Start Creative team with valuable experience and, most importantly, building the confidence of members.

New outlets for Start Creative are being developed, already ceramic art pieces are being sold through the craft shop at the Chapel Gallery in Ormskirk, and Drumcroom Gallery in Wigan, why not go along and have a look!

Members of Fusion ran a digital photography workshop at the 'Healthy Heads' showcase event to promote wellbeing for the Salford University students. Youth Arts Inclusion co-ordinator, Jen Ernstone, presented an 'Arts for Mental Health' talk at The Foyer for six 16+ young people, discussing ways of combating mild and moderate mental health problems using the arts. Photography members took part in a six month project that culminated in a very prestigious exhibition 'Work Town' at The Lowry.

Ceramic tutor Catrin Jones has had her work published in 'Ceramics Monthly' generating more welcome publicity for the work done here at Start

Inside...
P2 Qualifications gained and leaver destinations
P3 Pathways progression
P4 Session Delivery and Attendance Report

Start in Salford promotes emotional well-being and recovery by providing creative arts-based activities and training opportunities for people who are, or maybe at risk of experiencing mental health difficulties.

Our vision is to create a centre of excellence enabling individuals to develop their aspirations, confidence, self esteem and creative skills.

Using the arts, renowned for their therapeutic benefits, Start helps to remove the stigma around mental ill health by fostering a common interest amongst individuals from all walks of life.

**Contact Start**  
To find out more about Start in Salford arts project ring 0161 351 6000, email [info@startinsalford.org](mailto:info@startinsalford.org) or visit our website at [www.startinsalford.org](http://www.startinsalford.org) Start in Salford, Brunswick House, 62 Broad Street, Salford M6 5BZ

continued on page 2

## News update...



On behalf of members, staff and trustees Bernadette Conlon and Edith Knowles (right) took the opportunity to thank Michael Pritchard for over ten years of enthusiastic commitment to the Project

**Creative Start 50+, Start's new service for older people in Salford**, has recruited two new team members – we welcome Rosie Evans and Danny Morrell as the Visual Artist/Co-ordinators. The first taster sessions due to be delivered in the New Year.

Following the success of the first six months of **Time Out**, Start's **Arts on prescription** scheme, the team have been reviewing the project. Member feedback has played a vital part in this evaluation. In January the scheme will be rolled out to Walkden, Worsley, Swinton Little Hulton, and Pedlebury. Start attended a number of events including Salford

Universities *Healthy Heads* event, Salford Carers *Information Exchange* event and GP practice meetings to promote the initiative.

**December was a hectic month at Start with lots of opportunities** for members, volunteers, staff and the board of trustees to socialise and network. Start had a 'Thank you' lunch for volunteers and staff. Members held their end of year celebration and on Dec 14th the Start Annual general meeting with buffet/get-together took place. Michael Pritchard stood down as the Chair of the Board after more than ten years with Start. The Board then welcomed Hilary Wensley to the post.

**Whilst Start's Core Arts Training is a recovery service for people with serious mental illness, Start has also developed a range of complimentary services.** These focus on prevention and early intervention with 'Youth Arts Inclusion' and 'Time Out' **Arts on Prescription Service**, and the maintenance of mental and physical well-being for older people with the 'Creative Start 50+' programme.

Equally important, the development of supported self help and user led groups offers a seamless progression beyond Start in Salford's services.

## Qualifications gained

- Four Woodwork members completed Level 1 OCNW, three achieved Level 1, and the fourth was awarded a Level 2 for outstanding work.
- Eleven members received their OCNW Level 1 certificate in Visual Arts and three members received their OCNW Entry Level certificates in Visual Arts.
- Three members have been awarded OCNW Level 1 in Pottery, final work produced included wall plaques embellished with gold and a fantasy tea set. Members feedback was encouraging saying that the whole experience had increased their self confidence.
- Five Digital Photography members have passed OCNW Level 1.
- Seven Traditional Photography members have passed OCNW Level 1.

## Leaver destinations

- Youth Arts Inclusion – one young person has gone to college.

## Pathways progression

### Education Pathways

Two members continue supported attendance at Salford college

**Visual Arts** Two members have contacted Manchester Metropolitan University and MANCAT for details of their foundation courses.

**Youth Arts Inclusion** Start can now offer Bronze Awards (equivalent to a pre-GCSE) and Silver (equivalent to GCSE) through a partnership between the Arts council England and Trinity Guildhall. Plus accreditations, from ASDAN the education charity, committed to recognising and rewarding the achievement of people across the whole age and ability range.

### Volunteer Pathways

**Visual Arts** One member who has started his BTEC National Diploma in Fine Art at Salford College remains a volunteer with the Visual Arts Department at Start.

**Photography** One member became a volunteer photo technician.

**Woodwork** Four members are to begin two volunteering taster periods each; in areas such as; income generation; as production supervisor; artist assistant; technician; and in recycling.

**Ceramics** Three members have become income generation volunteers, working towards Start's exhibition at Salford Art Gallery, due to open in July, & are joined by Lisa Garrity a new external volunteer.

Vanessa Carr (external volunteer) has taken on the role of Teaching Assistant working along side Catrin Jones delivering AOP sessions.

**Youth Arts Inclusion** Ten young people are volunteering to consult with their peers, youth workers and Child & Adolescent Mental Health Services (CAMHS) about health and wellbeing in Salford.

### Work Options Pathways

**Photography** Three members became income generation volunteers and helped to produce work for the Christmas Market.

**Woodwork** Five members worked on production of goods for the Christmas market, four members assisted in the sale of goods and the running of the stall at the market.

**Ceramics** has linked with photography using images transferred onto ceramics produced for the exhibition.

**Youth Arts Inclusion** One young person left to join the theatre

### Self Employment Pathway

**Fusion** Two members attended a 'Presentation Skills Workshop'. The group produced images for the CVS annual report, gave a presentation to Start members and core staff and were commissioned to document models made by

Larkhill primary school pupils of 'Future City' Salford. Fusion have also had an article printed in Salford Viva magazine and distributed their promotional flyers with the magazine.

### Leisure Pathway

**Woodwork** The first block (woodcarving) of the woodwork rolling programme is on-going, next block (canoe building) to begin in Jan. Drop-in session numbers are between 3 to 5 every week.



**Start in Salford has designed extended service pathways that will provide for the aspirations of our diverse membership.** The range of services includes; education, training and work based options, as well as volunteering and leisure pursuits.

Members accessing Start's pathways are also given support and advice about issues such as career options, benefits, employment and welfare rights, to assist them to make informed choices about their future.