

# Session Delivery and Attendance Report

Period covered: October-December 2008

Start in Salford Creative Arts and Wellbeing Centre	Core (SMI) Arts training sessions	Time Out (AOP) Arts on Prescription	Youth Arts Inclusion (YAI)	Creative Start 50+	Income Generation Group/s	Period Totals
• Accredited Sessions	76	-	-	-	-	76
• Non-accredited sessions	259	101	29	97	65	551
• Accreditations gained	Entry: 0 Level 1: 0	-	-	-	-	0 0
<b>Clients @ 01/09/08</b>	<b>333</b>	<b>32</b>	<b>34</b>	<b>137</b>	<b>-</b>	<b>236</b>
• New referrals	32	54	27	53	-	166
• Exit pathways:						
- Referred - DNA*	8	26	-	-	-	-
- Leisure group/s	0	5	-	-	-	-
- Volunteering	1	1	-	-	-	-
- On to college	2	0	-	-	-	-
- In/back to work	1	9	-	-	-	-
- Other leavers**	6	8	-	-	-	-
• Total leavers	18	49	38	0	-	105
<b>Clients @ 30/12/08</b>	<b>347</b>	<b>37</b>	<b>23</b>	<b>190</b>	<b>-</b>	<b>597</b>
<b>Total Volunteer contribution for the period: 1297 hours =</b>						<b>3.1 FTE</b>

## Additional Comments

\*DNA - Did not attend. \*\* Other exit pathways: **Core** 1 moved out of the area; 3 left due to illness; 1 no longer in secondary services; 1 had other commitments. **AOP** 1 moved out of the area; 1 left due to illness; 1 referred to secondary services; 4 attended a few times and gave no reason as to why they left; 1 had family issues.



## News update



Hoodies R Goodies: YAI project challenging stereotypes

In December members, volunteers, board members and staff joined together in December for a huge 'Winter Wonderland' Christmas event. The garden was magically transformed and a large marquee was erected in the car park. There were choir singers, Indian dancers and a performance from our band, 'Starting Point' as well as hot food and non alcoholic mulled wine - everyone had a fantastic time.

Woodwork started a new master class in October run by Master 'Bodger' and green woodworker, Natalie Twig (AKA Twiggy). Four students from the general public plus two of our volunteers attended the course and it proved to be huge success and is due to continue in February 2009.

Start's Youth Arts Inclusion project has been working with a group of young people on the 'E2E Programme' part of YMCA Training. Devised by Jane Forster and run by Sally Margetts the group were encouraged to challenge stereotypes by customising black Hoodies. The project culminated in a fashion show at the Adelphi Studio Theatre on Thursday 18th December. The young people had access to a professional makeup artist with one of 'Hoodies R Goodies' students performing a break dance sequence.

All the young people who took part on the project were presented with 'Certificates of Achievement', by Edith Knowles, Start's Business and Finance Director.

continued on page 2

## Inside...

P2 Qualifications gained and leaver destinations

P3 Pathways progression

P4 Session Delivery and Attendance Report

Start in Salford promotes emotional well-being and recovery by providing creative arts-based activities and training opportunities for people who are, or maybe at risk of experiencing mental health difficulties.

Our vision is to create a centre of excellence enabling individuals to develop their aspirations, confidence, self esteem and creative skills.

Using the arts, renowned for their therapeutic benefits, Start helps to remove the stigma around mental ill health by fostering a common interest amongst individuals from all walks of life.

## Contact Start

Start in Salford Creative Arts and Wellbeing Centre  
Brunswick House, 62  
Broad St, Salford M6 5BZ

Tel: 0161 351 6000, email:  
[info@startinsalford.org.uk](mailto:info@startinsalford.org.uk)  
or visit our website: [www.startinsalford.org.uk](http://www.startinsalford.org.uk)



The garden is magically transformed 'Winter Wonderland' for the Christmas festivities at Brunswick house

## ...News update

Once again Start had a stall at the Manchester Christmas Market. Items for sale looked spectacular in the stand constructed by the Woodwork department. Staff, volunteers and board members worked hard to ensure its success.

AOP introduced additional Wellbeing sessions on 30th Oct, as a result of member's feedback "that such sessions could be beneficial". Sessions are led by June and focus on anxiety/depression coping strategies and relaxation techniques, in order to help individuals within the AOP programme.

Positive reaction to the display by Creative Start 50+ in the meeting room at Boothstown Community Centre is a real boost to members of the project.

"What a good thing it is for people to do art activities in the Community centre." Enid, former Art Teacher.

"The group must be congratulated on their hard work." visitor to the centre.

"It has brought the room to life and encouraged much discussion." Mary, Caretaker.

## Qualifications gained

No qualifications gained this quarter, courses in progress.

**Start's Core Arts Training is a recovery service for people with serious mental health issues, in addition Start has developed a range of complimentary services. These focus on prevention and early intervention with 'Youth Arts Inclusion' and 'Time Out' Arts on Prescription Service, as well as the maintenance of mental and physical well-being for older people with the 'Creative Start 50+' programme.**

Equally important, the development of supported self help and user led groups offers a seamless progression beyond Start in Salford's services.

## Leaver destinations

### AOP

- Paul Holdham has returned to work and is also pursuing leisure art groups in the local area.
- June Mallon has joined the watercolour/user led group and has been referred to Sencia regarding work opportunities.
- Doreen Herring has joined the watercolour/user led group and is to start a computer course.
- Bernard Young is to volunteer on the AOP programme. He is also going to attend the user led group.
- Lynne Pringle-Adley is to attend yoga classes for relaxation and a digital photography class in order to enhance skills further after doing the digital photography sessions at Start.
- Jenny Warren is to return to full time hours at work.
- Keith Midgley is to volunteer at Start for 8 weeks for experience in caretaking. He has also been referred to Sencia in relation to finding paid work.
- Simon Carsley and Janene Heston have completed the first term of the BTEC National Diploma in Fine Art course at Salford College
- Steven Walker has started his B.A. (Hons) Fine Art at Bolton University and is enjoying the course.

### Education Pathway Visual Arts

- We are delivering a Level 1 and an Entry Level in Visual Art.

### Volunteer Pathways

- Congratulations to volunteers Navin Patel and Allan Waterfield who both achieved their MiDAS Certificate (Minibus Training) in December 2008, they are the first Start Volunteers to become volunteer drivers.
- Start hosted it's fourth Celebration of Achievement on Thursday 11th December, to coincide with Start's end of year celebrations on Friday 12th December 2008. The event was well attended with seven Start volunteers being awarded Certificates from the Volunteer Centre Salford having achieved over 100 hours of volunteering here at Start.

Congratulations to James Benning, Michael Boulter, George Fishwick, David Holm, James Shaw, Louise Jarvis and Sue Smith.

### Work Options Pathways

#### Income generation

- Visual arts have started a rolling programme in Enamelling for the Income Generation volunteers to gain more experience. Jewellery artist Loretta Hamer has been running sessions in liquid enamels. The members who have taken part will train the rest of the visual arts group when

## Pathways progression



Start members with Bernadette Conlon, Start's Chief Executive, at the Celebration of Achievement awards

the course has completed.

- Volunteers, Jacqui Thomas and James Shaw will be delivering a 12 week course in printmaking from Jan 2009 to the Income Generation group following their time training at Hot Bed Press



### Leisure Pathway Photography

- Within photography a new and improved leisure group has started on a Monday afternoon with Artist volunteers Julian Latorre and Nikki Harrison as support for members.

#### Visual Arts

- The Visual Arts Leisure Group is going well and we have had a few more members join the group. We now have a volunteer artist in residence called Sally Howard working with the group.

**Start in Salford has designed extended service pathways that will provide for the aspirations of our diverse membership. The range of services includes; education, training and work based options, as well as volunteering and leisure pursuits.**

**Members accessing Start's pathways are also given support and advice about issues such as career options, benefits, employment and welfare rights, to assist them to make informed choices about their future.**