

Session Delivery and Attendance Report

Period covered: October-December 2007

| Start in Salford Arts Project | Core (SMI) Arts training sessions | Time Out (AOP) Arts on Prescription | Youth Arts Inclusion (YAI) | Creative Start 50+ | Income Generation Group/s | Period Totals |
|-------------------------------|-----------------------------------|-------------------------------------|----------------------------|--------------------|---------------------------|--------------------------------|
| • Accredited Sessions | 54 | 0 | 0 | 0 | 0 | 54 |
| • Non-accredited sessions | 234 | 81 | 23 | 130 | 55 | 523 |
| • Accreditations gained | 4 L2 | 0 | 0 | 0 | 0 | 0 |
| Clients @ 01/04/07 | 258 | 28 | 9 | 175 | 0 | 470 |
| New referrals | 34 | 36 | 49 | 20 | 0 | 139 |
| Exit pathways: | | | | | | |
| • Referred - DNA* | 6 | 11 | | | | 17 |
| • Leisure group/s | | 2 | | | | 2 |
| • Volunteering | | 1 | | | | 1 |
| • On to college | 4 | 2 | | | | 6 |
| • In/back to work | 2 | 4 | | | | 6 |
| • Other leavers** | 7 | 3 | | | | 10 |
| Total Leavers | 19 | 23 | 54 | 111 | 0 | 207 |
| Clients @ 31/06/07 | 274 | 41 | 4 | 84 | 0 | 402 |
| Volunteer contribution | | | | | | 1089.75 hours = 2.6 FTE |

Additional Comments

*DNA - Did not attend. **Other exit pathways: **Core** 5 were unwell, 1 passed away, 1 left the area. **AOP** 2 stopped attending, 1 referred to other services.



News update



'Inspire' private view in the Peoples Gallery at Start above: Sarah Malone inspirational ceramist and volunteer

Manchester Euro Christmas Market, for the 2nd year - Start booked a stall for three weeks which proved very successful. Products were flying off the stall, with lots of opportunities to talk with shoppers and to raise the profile of Start Creative!

The Woodwork department sold out of many items, they produced more items for the final weekend and again sold out - they also received commissions to produce 3 stools, 4 chopping boards and a set of 8 spatulas.

Members who volunteered to produce goods and help man the stall found the experience inspiring and motivational, "Its very uplifting to know that 'Joe public' is willing to part

with his hard earned cash for something that you have created!" said one member.

An exhibition opened in Start's Peoples Gallery in December titled "Inspire". Ceramic Volunteers showcased their talents along side the works of members who they have inspired. It was the first of many exhibitions, curated by Start Artists, Catrin Jones and Vanessa Carr. They are in the process of putting together an exhibition programme for 2008.

Start held its end of year buffet celebration for members, much fun was had by all with Starts music group doing a fantastic job of providing music and DJ's. Start also hosted the staff

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Start in Salford promotes emotional well-being and recovery by providing creative arts-based activities and training opportunities for people who are, or maybe at risk of experiencing mental health difficulties.

Our vision is to create a centre of excellence enabling individuals to develop their aspirations, confidence, self esteem and creative skills.

Using the arts, renowned for their therapeutic benefits, Start helps to remove the stigma around mental ill health by fostering a common interest amongst individuals from all walks of life.

Contact Start

To find out more about Start in Salford arts project ring **0161 351 6000**, email info@startinsalford.org or visit our website at www.startinsalford.org Start in Salford, Brunswick House, 62 Broad Street, Salford M6 5BZ

...News update



Start members at 'The Big Draw' with their exhibit 'Drawing Together'



Member Dorothy Wilson with her OCNW level 1 Visual Arts certificate

Start's Core Arts Training is a recovery service for people with serious mental health issues, in addition Start has developed a range of complimentary services. These focus on prevention and early intervention with 'Youth Arts Inclusion' and 'Time Out' Arts on Prescription Service, as well as the maintenance of mental and physical well-being for older people with the 'Creative Start 50+' programme.

Equally important, the development of supported self help and user led groups offers a seamless progression beyond Start in Salford's services.

and volunteer 'thank you' lunch at the Monton House Hotel, where we took over the whole of the main function room as numbers continue to grow each year.

The 'Time Out' Arts On Prescription group represented Start with an information stall at the World Mental Health Day event at Buille Hill Park, and again at a Carers Event in December.

Creative Start 50+ held its first solo exhibition at Swinton Library – a featured event in the Link Age Plus 'Salford Young at Heart Week'.

A major collection of work from all Creative start groups demonstrated the variety of skills the project has encompassed.

With 15 groups established seven are now in their final tutor led quarter and on Tues 2nd October, Creative start held its first steering group meeting at Swinton Library.

There have been several more since and these have resulted in 'user led' groups being created at; Beesley Green Community Centre Worsley, St Marys Church Hall Cadishead, and Wardley Community Centre Swinton. All have been supported to formally draw up individual constitutions and apply locally for funds.

By Christmas 2007 Creative start 50 plus had reached its first year target of 200 members.

Qualifications gained

- Salford celebrates volunteering, Charlie Dignham attended the fifth Heart of Salford Awards, he was in the largest category which was the over 50's. He was awarded a certificate for the volunteering work he does at Start.
- Four members gained OCNW Level 2 Award in Literacy, Numeracy and ICT Awareness. Literacy, Language, Numeracy and ICT Needs for work, Education and Life J/500/3212, Skills Check and Signposting L/500/3227

Leaver destinations

- **AOP** Two members joined user led leisure group, two attending college/courses, one volunteering and four returned to work
- **Ceramics** One member left pottery to pick up where he left of with his open university course.
- **YAI** Three young people have gone on to Entry to Employment courses

Pathways progression

... more news

Photographer, Len Grant, gave a talk on his work and how he became a professional photographer to Start members. A small group of members have since been attending Redeye meetings, (a North West photography network).

The Visual Arts Illustration Rolling Programme took part in the 'Big Draw' this October and with the help of artist Paul Pickford members created an installation drawing in the Langworthy Gallery at Salford University.

Visual Arts also began a pilot master class open to the wider public with a Life Drawing evening class, which has been a great success, there has been a lot of interest, raising the possibility of starting other master classes soon.

YAI is working with Salford Foundation NEET (Not in Education Employment or Training) group to design, produce and install a bike rack for Start in Salford. They have also worked with '24/7' (homeless group) to design logos for t-shirts, and photographed them for Salford City Councils young person's homeless booklet.

Start YAI continues to work with the 'Young Mums To Be' group delivering the creative section of their NVQ in child care.

Volunteer Pathways

AOP One member left into volunteering

Ceramics Graduate volunteers: one has left the project to pursue teaching in France, one has left and has enrolled onto a P.G.C.E course, one has become a sessional artist delivering sessions for AOP.

Fusion Documented a Walkabout event in Little Hulton for the Lowry centre free of charge. This led to a meeting with Graeme Urlwin who gave great feedback and wants to commission Fusion (paid artist rates) to document another event in March.

Work Options Pathways

AOP Three members have returned to work and one is actively seeking employment, one member has had initial meetings relating to permitted work and looking for employment.

Self Employment Pathways

Fusion Worked on commissions including documenting/photographing: The 'Heart of Salford Awards'; 'Writing Lives'- a set of books by a Broughton women's group and exhibited by Salford University; 'Drawing the line' exhibition at Salford University's gallery; the 'Food festival' at Salford Museum and Art Gallery; the 'Towards Excellence'

Event and presenting an award. The group also designed and produced a flyer and poster for a Last fm event in London; completed a CD cover and poster for "1965" records; produced a flyer for the YAI project at Start in Salford and a 'Litterbug' comic strip and workshops for Ordsall Community Arts.

Leisure Pathway

AOP Two members have joined the user led art group



Start in Salford has designed extended service pathways that will provide for the aspirations of our diverse membership. The range of services includes; education, training and work based options, as well as volunteering and leisure pursuits.

Members accessing Start's pathways are also given support and advice about issues such as career options, benefits, employment and welfare rights, to assist them to make informed choices about their future.