

start youth arts

express yourself through creativity



Get back on track with creative arts and media sessions for young people. If you are aged 12 to 25 and living in Salford get in touch with Francine Hayfron on 0161 351 6000

We all struggle with our feelings sometimes, no matter how old we are. For young people facing daily pressures, its all too easy to lose your way in life. The first step for getting back on track is finding a way to express yourself that is positive and productive, moving you forward with hope and confidence.

Start Youth Arts helps people aged 12 to 25 explore creative activities, learn new skills, build friendships, gain qualifications and have fun at the same time.

"I'M GAINING NEW SKILLS AND EXPERIENCES THAT WILL HELP ME LATER ON IN LIFE. THEY BRING FUN INTO TRAINING AND TREAT YOU LIKE AN ADULT TOO"

start in salford

creative arts and wellbeing centre

Start Youth Arts is a programme for young people aged 12-25 who are socially excluded or who may be at risk of being excluded in some way. Our projects are designed to meet specific interests and are run in partnership with other organisations. Over ten weeks, our weekly creative sessions help the group to explore their interests and to identify and access options that will help them achieve their goals in education, training, employment or community life.

For every young person, we have the same aims. We want to:

- build confidence and self-belief
- encourage ambition and goals
- improve communication and expression
- teach life skills and workplace skills
- give a wider range of future choices

If you think a Start Youth Arts project will help, then we'd love to hear from you. If you already have a support worker they can fill in a referral form or you can call **Francine Hayfron** for a chat on **0161 351 6000** or email francine.hayfron@startinsalford.org.uk



If you, or someone you know, would like to join Start in Salford ring us for more information or visit our website at: startinsalford.org.uk



For more information about anything in this leaflet, please contact:

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Visit our website: www.startinsalford.org.uk

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